



BEAVER UPDATES



Issue 01: November 2024

Student Spotlight



Meet Prince Mutegetsi!

Where is your hometown?

Kigali, Rwanda

What are you studying at Caltech?

Computer Science

What are some of your favorite memories of your first-year so far?

The rotation dinners, which were a fun way to experience different house traditions and vibes, as well as rotating into my first choice, Page House. I also enjoyed the Page House beach day—it was amazing to experience the waves for the first time!

If you had a day to yourself, what would you do?

If I had a day to myself, I would watch a new movie, play soccer, and spend the rest of the day coding.

WELCOME TO THE FIRST BEAVER UPDATE!

What is Beaver Updates? Each month, the Office of Student Experience (OSE) sends a newsletter with campus announcements, upcoming events and a first-year student spotlight. We hope this newsletter will be helpful in sharing relevant information on community programs and resources that are designated or open to first-year undergraduate students.



OSE NEWS

For more nonpartisan election events, please visit: <https://election2024.caltech.edu/>

TUES NOV 5

**CALTECH
ELECTION NIGHT
WATCH PARTY**

SNACKS AND DRINKS PROVIDED

WHEN: 7 - 10 PM
CONTESTS & PRIZES

WHERE: AVERY COURTYARD

SCAN TO SIGN UP

For more nonpartisan election events, please visit: <https://election2024.caltech.edu/>



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OSE NEWS


Problem Set Workshops: As you may know, there are weekly problem set workshops where you can work on problem sets in a collaborative environment with classmates with the support of trained facilitators (upper-year student coaches).

Scan for
Feedback Form:



If you have attended a pset workshop this term, we would like to gather feedback on how workshops are going so we can effectively improve future workshops in ways that are helpful to you as first-year students. **Please take a moment to submit any comments or questions you may have.** *Sessions are too long/short? Are the facilitators helpful? Have specific snack requests?* We welcome any and all feedback!

COVID tests: Hill Avenue Branch Library (55 S Hill Ave) has free tests in the lobby near the bulletin board. It is close to campus and within walking distance. For additional testing resources, please visit [here](#).



PSSST did you know If you open the PDF version of this newsletter (attached to the email), you can click on the embedded hyperlinks!

Snack Packs: Instant noodles, granola bars, chocolate, sparkling water, and much more. We got you covered! Stop by our office (255 S Hill Ave) to make your own snack pack.



SNACK PACK

FOOD PANTRY RESOURCE
VISIT US AT OSE
9am - 5pm
M-F

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CAMPUS RESOURCES

Student-Faculty Programs (SFP)

If you are interested in learning about summer research opportunities, the SFP team is hosting SURF information sessions throughout this month. Scan the QR code -> for the calendar of events. If you would like to get in touch with a research ambassador, please see below for the list of contacts.



House	Ambassador
Avery + Dabney	Anwasha Das
Avery	Kailen Hargenrader
Avery	Michael Manta
Avery	Jean-Sebastien (JS) Paul
Avery	Luke Zhou
Bechtel	Aishah Blackmon
Bechtel	Indie Desiderio-Sloane
Bechtel	Emma Isella
Bechtel	Sydney Vernon
Blacker	Maverick McKown
Blacker	Emily Nikas
Dabney	Priscila Marquez
Fleming	Sujay Champati
Fleming	Noah Hicks
Lloyd	Yoyo Benchetrit
Lloyd	Sulekha Kishore
Lloyd	Juni Polansky
Marks + Braun	Sara Razavi
Page + Ricketts	Bisrat Kassahun
Page	Reid Nussbaum
Page	Ria Patel
Page	Anushka Paulchoudhury
Page	Tisya Rawat
Ricketts	AJ Torres
Venerable	Indeever Madireddy
Venerable	Frida Moreno
Venerable	Vinicius Nevoa
Venerable	Anagha Satish
Venerable	William Yang

Student Wellness Services (SWS)

Meditation Mob Elections Edition: Staying Grounded | Tuesday, 11/5, 12-1pm | Hameetman Club Room 2

On Election Day, we'll all have lots of thoughts and feelings - so come join us for a mindfulness session to practice present-time awareness of our senses as a way of staying grounded and anchored amidst all of our mental activity.

Getting Things Done | Wednesday, 11/6, 12-1pm | Hameetman Conference Room

Getting Things Done (GTD) is a popular system developed by David Allen for structuring your work at both the big-picture level and at the level of your daily responsibilities. Join us for this fun and engaging informal overview of the GTD system. RSVP is required for lunch on a first come first serve basis.

Meditation Mob Elections Edition: Making Room for Uncertainty | Tuesday, 11/12, 12-1pm | Hameetman Club Room 2

Come join us for a mindfulness session of making room for the difficult experience of uncertainty. Will there be a definitive result by this point? What might happen next? We don't know, of course - but this is exactly when we can practice the skill of bringing some acceptance to the way that things already are.

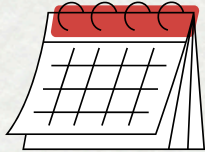
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CAMPUS RESOURCES

Housing Office

Plan ahead for Thanksgiving Break



In the next couple of weeks, the Housing Office will send out a Thanksgiving Break Housing Form that will be due by mid-November. This form will be sent out soon to all residents living on campus to let Housing know when you will be staying on campus while classes are not in session over the Thanksgiving break. On the form, you will need to select what dates you will be staying on campus from Thursday, November 28 to Sunday, December 1. Please make your plans for Thanksgiving break in advance so you are able to complete this form accurately.

Familiarize yourself with Housing Policies

If you have not already done so, please familiarize yourself with the Resident Guide and your Housing contract. The Resident Guide is available on the Housing website and has all of our important housing policies. The contract has all of the important deadlines and fees related to Housing procedures. Your copy of the contract was sent to you via Adobe Sign. If you cannot find your contract, feel free to email ughousing@caltech.edu to request a copy.

Any other housing related questions, feel free to email ughousing@caltech.edu anytime or stop by the Housing office during business hours 8am-5pm.

Caltech Library



Extended 24hrs for Midterms (and free snacks between 8pm and 8am)

The Sherman Fairchild Library is extending its 24hrs this weekend starting, Friday, 11/1. This means SFL won't be closed until Friday, 11/8 at 8pm. If you're studying late, SFL will have free snacks and refreshments overnight during midterms between 8pm and 8am until Tuesday, 11/5

Stamp Rally

Get a chance to win a Caltech logo mug, a \$40 gift card to Vroman's (California's Largest & Oldest Independent Bookstore!), OR a \$40 gift card to Target by completing the Caltech Library Stamp Rally. Use a game card and collect stamps by using library resources! Redeem a small gift with your completed cards at the Sherman Fairchild Library. Raffle winners will be announced at the end of Fall term.

Personal Undergraduate Tours to Crossing Over PST Art Exhibit

The Caltech Archives and Special Collections invites our first year and undergraduate student for a lunch time personal tour of the Crossing Over: Art and Science at Caltech exhibit. Register for a tour through the Library event calendar. Receive two stamps for your Stamp Rally card. This is a great opportunity to experience this exhibit before it closes on 12/15.

November is International Games Month

Check out our available board games from the TechHub or any games from our display at the Sherman Fairchild Library. Group study rooms are always available to reserve for both game night, in addition to your regular study sessions.

November Holiday Closures

All library branches will be closed for the Thanksgiving federal holidays on Thursday, 11/ 28 and Friday, 11/29.



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CAMPUS RESOURCES

Center for Inclusion & Diversity

RSVP for events here: <https://diversity.caltech.edu/events/rsvp>

Dia de los Muertos Altar Building | Monday, 10/28, 9am to Monday, 11/4, 5pm

Join us now until 11/4 at 5pm as Club Latino, CHLA, ASCIT, and the CCID come together to create an interactive community ofrenda (altar) to honor those who have passed. Throughout the week, stop by the CCID to fill out a memorial nameplate to add to the ofrenda.

Dia De Los Muertos Community Gathering | Monday, 11/4, 5-6pm

Join Club Latino, CHLA, ASCIT, and the CCID for a special event with Pan de Muerto, chocolate abuelita, and coffee (while supplies last).

BLAC Sistah Hour - A Care Space | Wednesday, 11/6, 12-1pm

Join us for a space to connect with other Black women in the Caltech community, where we can come together for support and care. You'll also have the opportunity to learn about upcoming events. Allies are welcome!

Spill the Tea with the CCID | Thursday, 11/7, 12-1pm

Celebrate the end of midterms with the CCID with tea, coffee, and pastries.

National First-Generation College Celebration Day | Friday, 11/8, 11:30am-1pm | San Pasqual Walk

Celebrate with us and enjoy a photobooth, beverage cart, and more. This event is open to all students, staff, faculty, and postdocs.

STEMinar: Oarteze Hunter | Thursday, 11/14, 12-1:30pm

Oarteze Hunter, a postdoctoral fellow at UCLA, will share insights on "What I Learned in Grad School About Science and Society." He completed his PhD at UC Santa Cruz in Molecular, Cell, and Developmental Biology, focusing on RNA splicing and its inhibition in yeast.

Actionable Allyship Workshop hosted by CCID and OSE | Tuesday, 11/19, 12-1pm

Join us for a workshop tailored for first-year students that explores actionable allyship. What is allyship? Who can be an ally? In this interactive session, we will explore what it means to be an effective ally and how to take tangible steps to support marginalized communities. Lunch will be provided, first come first serve.

Transgender Day of Remembrance | Wednesday, 11/20, 12-2pm

November 20th is Transgender Day of Remembrance. Join us for lunch, crafts, and a community altar to honor and remember the lives lost to violence and transphobia.



BEST OF LUCK WITH MIDTERMS!

