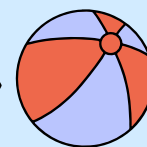


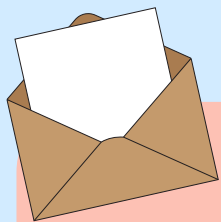


# Beaver Updates

Issue 08: June 2025



Each month, Student and Family Engagement (SFE) sends a newsletter with a first-year student spotlight, as well as community announcements and upcoming events that are designated or open to first-year undergraduate students.



## Letter from the Editor

Hey First-Year Students:

Happy last month of this academic year and an early congrats on making it through your first-year! This is no small achievement – you've just navigated one of life's biggest transitions, and I hope you take a moment to celebrate how far you've come.

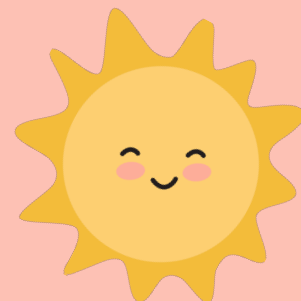
This is the last issue of Beaver Updates for your class (the newsletter will resume in Fall 2025 for the incoming class of students). Thanks for following along the past 7 months.

Wishing you all a much-deserved summer break and see you around campus!

Best wishes and take good care,

Isabel Peng

*Director of New Student Transition Programs and First-Year Experience*



## Student Spotlight: Lucas Smith



Hometown:  
Hailey, Idaho

Option:  
Mechanical Engineering

Favorite comfort food:  
Eggs benedict

If you could travel anywhere right now, where would it be?

Either the Dolomites or the Swiss Alps

First-year highlight:

Page ski trip and the pre-rotation Yosemite trip

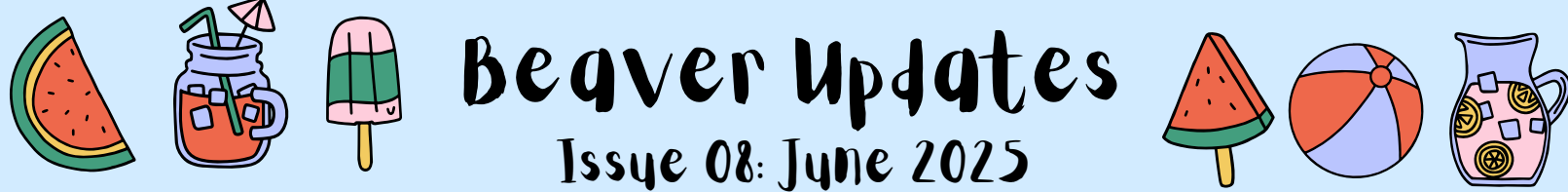


## SFE Updates



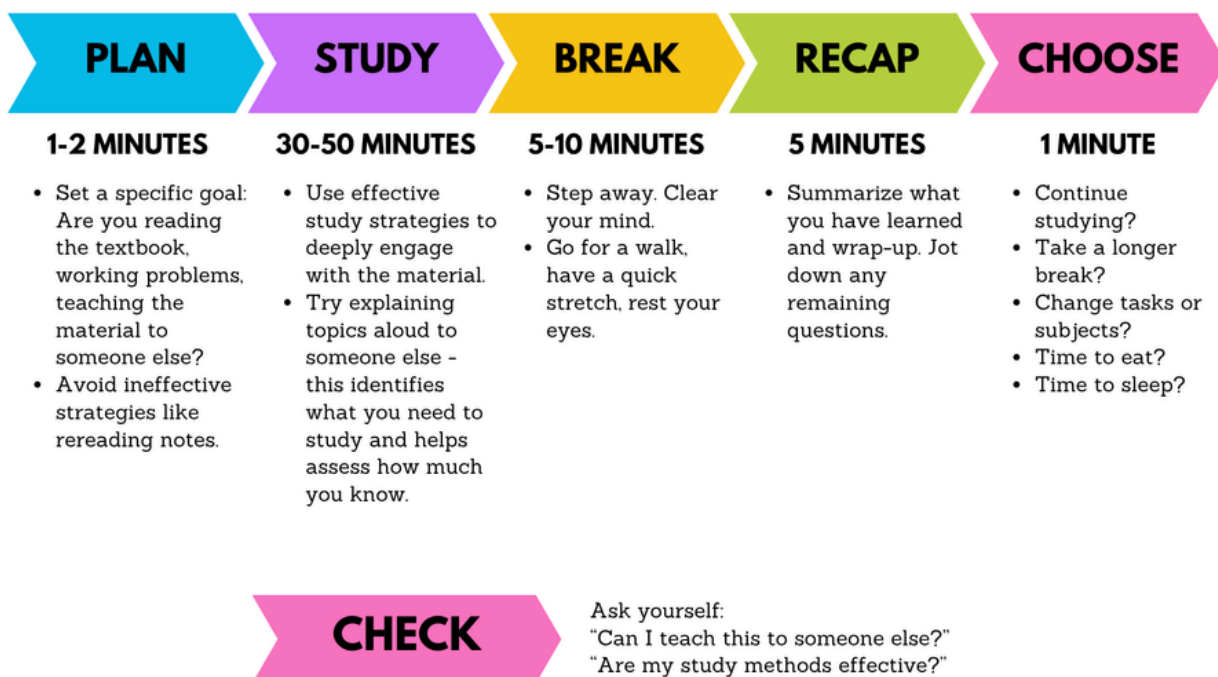
In collaboration with Student Wellness Services, we hosted an event, *Year 1 Wrapped*, on May 13, where first-year students reflected on their top moments of their first-year and enjoyed acai bowls.





**With finals coming up, here are some study strategies to keep in mind (courtesy of Dr. Grace Wong, Occupational Therapist)**

# FOCUSED STUDY SESSION



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1) Level up your reading. Spend 5 minutes previewing the text for headers, bold and italicized words, figures, etc. before jumping into reading. This gives your brain the bigger picture and allows it to recognize and process more information. Read one paragraph at a time and paraphrase what you got from it before you move on. This helps you retain information better and prevents the trap of skimming things quickly without understanding it.

2) Annotate your thought process when you're reworking old problems or tackling new ones. Even if you got help from a TA or a friend, note how they thought through that step too!

3) Test yourself for the sake of learning. Practice retrieving information about a topic without checking your notes helps significantly reduce forgetting. What are the key ideas? What's new to you? How does this relate to what you already know? You can sketch it out, make a mind map, or give a mini lecture on the topic to someone else.

It's okay to get things wrong while studying as long as you can check or find the correct answer. Getting stuff wrong highlights to your brain what to keep or not keep. You're likely to experience studying this way as awkward or frustrating, but when learning feels easy, it's often superficial.

These are just a few of the strategies you can try. Visit the CTLO's [webpage](#) on Learning Resources for even more strategies.

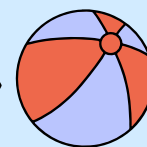


- o <https://wellness.caltech.edu/upcoming-events/planz>
- o What happens next when the job market is dry, or you didn't get into any grad schools? Not only do you have to figure out concrete plans, but you also have to manage some complicated emotions as well. Come join James Berk from CALE and Lee Coleman from Counseling Services for this 1-hour workshop to help you find your bearings. We'll cover what you can do to continue building your skills to remain competitive, and how you can hold on to a broader perspective of your life that can help you stay resilient in the face of uncertainty.
- o Who: Graduate & Undergraduate Students
- o When: Wednesday, May 21st, 12:00pm – 1:00pm
- o Where: Hameetman Center 2nd Floor Conference Room
- o Register: <https://caltech-csm.symplicity.com/students/?s=event&ss=ws&mode=form&id=8fbc2a7d645ac78d063a2d9b41c23793>



# Beaver Updates

Issue 08: June 2025



## Campus Resources

### Caltech Library

#### Final Extended 24 Hours at Sherman Fairchild Library

Starting Tuesday, May 27 at 8am, Sherman Fairchild Library will be open 24 hours until we close out the 2024–2025 academic year on commencement day Friday, June 13 at 8pm. Get some free snacks and other refreshments if you're putting in those late study hours for finals over the two weekends Thursday night to Monday morning 8pm to 8am.

#### All Books Due on Commencement Day

All borrowed materials from the Library are due back on Commencement Day, Friday June 13th. If you need to renew your loans for the summer term, login to your [LibSearch library account](#) and renew under "Requests & loans". Remember that you can always reach out to our library staff for help!

#### Outdoor Summer Movie Night: Mickey 17

We're kicking off our Outdoor Movie Nights at the SFL Amphitheater on Friday, June 20<sup>th</sup> at 8:00pm with [Mickey 17](#). Bring a blanket and a friend and enjoy free popcorn and refreshments.

#### Summer Hours at the Library

Starting Saturday, June 14, all library branches will change to off-term hours over the summer. Sherman Fairchild Library will be open from 8am to 8pm Monday to Thursday; 8am to 6pm Fridays; closed on Saturdays; and open from 12pm to 8pm on Sundays. All hours for Caltech Hall, TechHub, and other branches are always available on our website at [library.caltech.edu/locations/hours](https://library.caltech.edu/locations/hours).

- Student-
- Faculty
- Programs



- SURF
- Summer
- starts on
- Tuesday,
- June 17!

- (JPLers
- and WAVE
- students
- come on
- Monday,
- June 16<sup>th</sup>)

